The Role of Job Satisfaction as an Intervening Variable and Its Effect on Burnout and Compensation for Turnover Intention

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DOI: https://doi.org/10.52403/ijrr.20220776

ABSTRACT

Burnout is a syndrome that occurs in many employees in various parts of the world. This condition can trigger employee turnover. The purpose of this study is to empirically prove and confirm the turnover intention model and its relationship to burnout, compensation, and job satisfaction. Data was collected using a questionnaire filled out by 120 respondents from a population of 170 people using purposive sampling technique. The questionnaire was analyzed through a quantitative approach with SEM PLS analysis using Smart PLS 3.2.9 software. This study shows that burnout and job satisfaction have a significant effect on turnover intention, and compensation has an insignificant relationship with turnover intention. Then it was found that burnout and compensation had a significant effect on iob satisfaction. Furthermore, job satisfaction partially mediates the effect of burnout on turnover intention and fully mediates the effect of compensation on employee turnover intention.

Keywords: Burnout, Compensation, Job Satisfaction, Turnover Intention

INTRODUCTION

Turnover can happen to workers all over the world. A study entitled Preparing for Take-Off by Hay Group conducted on 700 million employees in 19 countries, concluded that in 2010-2018 the turnover rate in the world experienced a significant increase every year. (Group, 2012). Like other countries, Indonesia also faces a fairly high employee

turnover with a percentage of 15.8% in 2016 being ranked 4th in the world with the highest voluntary turnover rate after Argentina, Venezuela and Romania. The high turnover rate also occurs at YPK. Ora Et Labora, with an increase in employee turnover in the last 3 years by 17%. Based on the results of the pre-survey, the factors that most influence the emergence of turnover intention are work stress related to burnout and the compensation received by employees from the company.

Several studies have stated that burnout has a positive effect on turnover intention ((Santhanam & Srinivas, 2020); (Lin & Liu, 2017). This means that the higher the burnout experienced by employees, the higher the intention to leave the company. Contrast with the results the study, Barthauer (2020) found no relationship between burnout and turnover intention. Other studies have also found that burnout has negative implications for job satisfaction (Robinson et al., 2019).

Compensation is everything that employees receive in return for their work. According to Chen (2019), compensation has a negative effect on turnover intention where employee loyalty increases with the amount compensation they receive. satisfaction is one of the predictors in the emergence of turnover intention and job satisfaction is also an important factor in attracting and retaining skilled human 2020). resources. (Li et al., Several

researchers found that job satisfaction has a negative effect on employee turnover (Chen et al., 2019; Ikatrinasari et al., 2018; Symitsi et al., n.d.). Previous research revealed that there is a strong relationship that affects job turnover satisfaction on intention; (Alshammari et al., 2016; Hofaidhllaoui & Chhinzer. 2014; Lu et al.. Meanwhile, research conducted by (Anwar & Shukur, 2015) found that there is a weak relationship between job satisfaction and turnover intention.

LITERATURE REVIEW

According to Robbins & Judge, (2016) turnover intention is an act of permanent resignation carried out by employees either voluntarily or not voluntarily. Turnover can be in the form of resignation, transfer out of an organizational unit, dismissal or death of a member of the organization.

According to Mobley (2011) in (Halimah et al., 2016) Turnover measurement indicators Thinking consist of: about leaving, Searching for alternative jobs, intentions to Hasibuan (2015)defines satisfaction as the satisfaction enjoyed by obtaining praise for work, placement, treatment, equipment and a good working environment. Employees who feel job satisfaction at work will prioritize their work over remuneration for carrying out their duties.

Koustelios' (1997) Employee Satisfaction Inventory Theory in Kroupis et al., (2019) is used to assess job satisfaction which measures six aspects of work: job itself, pay, promotion, supervisor working condition and organization as a whole.

Burnout syndrome is a psychological response to chronic interpersonal and emotional work stress that arises among service organization professionals who work in contact with clients or users of the organization. In some cases, these symptoms are accompanied by feelings of guilt (Bouza et al., 2020). The measurement of burnout uses the Maslach Burnout Inventory (MBI) scale with 2 dimensions,

namely **Emotional** Exhaustion and Depersonalization, (Maslach et al., 1996) and has been adapted by (Mansour & Tremblay, 2016), (Kroupis et al., 2019). Compensation satisfaction includes reactions to salary equity assessments (i.e. the degree to which the input-to-results ratio is the same) and the difference between what employees actually receive and what they perceive they should receive from their organization (Oh, 2020). Compensation measurement can be done using dimensions, namely Pay Satisfaction and Benefit Satisfaction (Vatankhah et al., 2017)

METHODS

The population in this study were YPK Ora Et Labora employees with a total of 170 people. Determination of the sample in this study using purposive sampling technique. Purposive sampling is a limited design for specific people who can provide the necessary information because only those who have the information or meet the criteria set by the study (Sekaran & Bougie, 2017). Based on the Slovin formula, the number of samples required is 120 (Hair et al., 2014). The criteria used in the sampling of this research are male or female employees and have worked for more than one year. The data used are primary data obtained through questionnaires distributed to employees. To measure the opinion of respondents used a five-point Likert scale. According to (Sekaran & Bougie, 2013) the Likert Scale is a scale designed to assess how much respondents agree with a statement.

The data analysis technique in this study used Partial Least Square (PLS). PLS is a Structural Equation Modeling (SEM) equation model with an approach based on variance or component based structural equation modeling. According to (Ghozali, 2015), the purpose of PLS-SEM is to develop a theory or build a theory (prediction orientation). PLS is used to explain whether there is a relationship between latent variables (prediction).

RESULT

The results of the hypothesis test were obtained by utilizing the SmartPLS 3.2.7

statistical application. The path coefficient value can be seen in table 1.

Table 1. Direct Effect

Relationship Between Constructs	Original Sample (O)	T Statistic	P Value	Information
Burnout (X1) -> Turnover Intention (Y)	0,442	4,494	0,000	Significantly Positive
Burnout (X1) -> Job Satisfaction (Z)	-0,622	11,487	0,000	Significantly Negative
Compensation (X2) -> Turnover Intention (Y)	0,212	1,735	0,083	No Significant Effect
Compensation (X2) -> Job Satisfaction (Z)	0,463	9,477	0,000	Significantly Positive
Job Satisfaction (Z) -> Turnover Intention (Y)	-0,479	3,266	0,001	Significantly Positive

Based on table 1, the following results are obtained:

Burnout (X1) has a significant positive effect on the variable turnover intention (Y) of 44.2%.

Burnout (X1) has a significant negative effect on the job satisfaction variable (Z) of 62.2%.

Compensation (X1) affects the turnover intention variable (Y) insignificantly by 21,2%.

Compensation (X1) has a significant positive effect on the job satisfaction variable (Z) of 46,3%.

Job satisfaction (Z) has a significant negative effect on the turnover intention variable (Y) of 47.9%.

The indirect effect can be seen in table 2.

Table 2. Indirect Effect

Relationship Between Constructs	Original Sample (O)	T Statistic	P Value	Information
$Burnout(X1) \rightarrow Job\ Satisfaction(Z) \rightarrow Turnover\ Intention(Y)$	0,298	3,329	0,001	Significantly Positive
Compensation $(X2)$ -> Job Satisfaction (Z) -> Turnover Intention (Y)	-0,222	2,953	0,003	Significantly Negative

Based on table 2 obtained the following results:

Burnout (X1) has a significant positive effect on the variable turnover intention (Y) through job satisfaction (Z) of 29,8%.

Compensation (X2) has a significant negative effect on the variable turnover intention (Y) through job satisfaction (Z) of 22.2%.

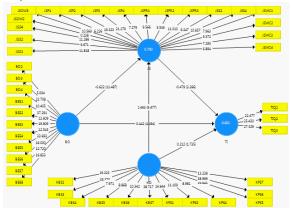


Figure 1. Path Coefficient

The influence between variables can be seen more specifically in Figure 1.

DISCUSSION

The burnout variable has a positive and significant effect on turnover intention (H1).

The strongest effect of burnout on turnover intention is obtained from respondents' perceptions of emotional resource factors in the weakening of physical aspect or declining employee health due to physical exhaustion. This triggers a physical decline in the respondent, resulting in an increase in the aspect of intention to leave or the desire to leave his job

The burnout variable has a significant negative effect on job satisfaction, this means that the increase in burnout felt by employees decreases job satisfaction. The strongest burnout factor has an influence on employee job satisfaction perceptions, namely weakening of physical in the emotional resource aspect. The strong effect of weakening of physical in employees is reflected in the respondent's statement that respondent feels is emotion are drained in doing his job. Ali & Ali, (2014) in their research stated that job burnout has a negative effect on job satisfaction. Kim et al., (2017) also stated that there was a significant negative relationship between burnout and job

satisfaction.

compensation variable The has no significant effect on turnover intention. In particular, the results of the study show that compensation factor weakest influencing turnover intention is found in dimension of benefit satisfaction, the namely the indicator of determination satisfaction. Respondents in this study indicate that the words conveyed by superiors regarding the benefits obtained affect employee satisfaction with compensation. Employees believe that the benefits received are appropriate, but the words conveyed by superiors are not comfortable to hear. The better the boss in conveying words such as in interviews or dialogue between superiors subordinates, the employee's the less intention to leave his job.

Compensation has a positive and significant effect on job satisfaction. The compensation factor that has the strongest influence on the perception of employee job satisfaction is Variable Pay Procedures in the aspect of pay satisfaction. The strong effect of Variable Pay Procedures on employees is reflected in the respondent's statement that I am satisfied with the company's method in determining the amount of my salary, bonuses, and incentives. This proves that proper payroll procedures can affect employee perceptions of job satisfaction. Good payroll procedures describe every income and other benefits received by employees in detail. With clear procedures, employees will not worry about reduced salaries or unknown deductions.

Job satisfaction has a negative and significant effect on turnover intention. Based on the results of this study, it was found that job satisfaction affects employees' intentions to leave the company, which refers to the strong value of the job satisfaction factor, which is feeling insecure aspect. The strength of the pay effect or the work itself is reflected in the respondent's statement that i do not feel insecure because of the difference in salary with colleagues.

Respondents in this study were satisfied with their work causing decrease the desire to leave their job. The higher the salary discrepancy felt by the employee, the lower the desire to leave his job.

The results of this study support the research findings, which state that job satisfaction affects the intention to leave, this can be seen from the data that some employees claim their job satisfaction has been fulfilled, some other employees feel quite comfortable and get enough results to work at the company and dont have the desire to leave his company (Abd-Ellatif et al., 2021)

Job satisfaction partially mediates or weakens the effect of burnout on turnover intention. The higher the level of burnout felt by the employee, the more the employee's desire to leave the company will arise, but this can be reduced by the role of job satisfaction as a mediator. The strongest effect of burnout on turnover intention was obtained from respondents' perceptions of the emotional resource aspect on indicators of weakening of physical or declining health of employees due to physical exhaustion. Meanwhile, mediated when by satisfaction, the strongest burnout factor has an influence on employee job satisfaction perceptions, namely weakening of physical in the emotional resource aspect. The job satisfaction factor that most influences employees not to leave their job because the burnout they experience is the pay aspect, namely the indicator of feeling insecure.

Compensation has no effect to turnover intention and when mediated by job satisfaction the effect turns negative. The higher the level of compensation obtained by employees has no effect to the incidence of turnover intention, but the role of job satisfaction strengthten this effect. This indicates that through job satisfaction the higher the level of compensation, the lower the employee's turnover intention. The strongest influence of compensation on turnover intention is in the aspect of Pay Satisfaction with indicators of variable pay structure satisfaction. Job satisfaction or job

satisfaction is able to make employees who are satisfied with their compensation to reduce the employee's desire to leave his job, this is precisely what encourages decreased turnover intention. The job satisfaction factor that most influences the relationship is in the Pay aspect or satisfaction with salary. Based on the analysis results, employees with high compensation satisfaction and high job satisfaction have a low desire to leave their jobs.

CONCLUSION

Based on the discussion of the results of data analysis on the hypotheses proposed in this study, the following conclusions can be drawn:

Burnout positively affects turnover intention. Physical exhaustion can weaken health conditions thereby increasing the desire to leave the company. Employees who experience burnout tend to have the intention to leave their current job.

Burnout has a negative effect on job satisfaction, weakening of physical in the emotional resource is a factor that is considered strong in influencing job satisfaction. This job makes their energy drained so that they feel the burnout they experience and reduce employee job satisfaction.

Compensation has not affected employee turnover intention. Good communication between superiors and subordinates in the delivery of benefits is an important factor that influences the effect of compensation on turnover intention. The better the communication that is built, the less the employee's intention to move from his job. Compensation affects iob satisfaction positively. Every element in the employee payroll structure can be traced questioned if there are problems. The amount of salary and benefits that have been determined has also gone through a series of clear processes and rules. This makes employees feel satisfied and reduces the intention to leave their jobs.

Job satisfaction negatively affects employee turnover intention. The most powerful job satisfaction factor plays a role in the pay aspect, namely insecure. causing a reduce to leave their job. This affects the higher the level of satisfaction felt by employees, the lower the desire to leave their jobs.

Job satisfaction can mediate the effect of burnout on employee turnover intention. The higher the satisfaction with salary, the less desire to leave due to burnout.

Job satisfaction can mediate the effect of compensation on employee intention. Job satisfaction or employee job satisfaction is able to make employees who are satisfied with their compensation to reduce the employee's desire to leave his Job satisfaction or employee satisfaction mediates employees who satisfied enough with their compensation to reduce the occurrence of turnover intention. The job satisfaction factor that most strongly affects the relationship is found in the pay aspect, which is feeling insecure.

Acknowledgement: None Conflict of Interest: None Source of Funding: None

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How to cite this article: Charly Bede, Parwoto, M. Ali Iqbal. The role of job satisfaction as an intervening variable and its effect on burnout and compensation for turnover intention. *International Journal of Research and Review*. 2022; 9(7): 724-732. DOI: https://doi.org/10.52403/ijrr.20220776
