

The Influences of Community Health Resources in Lower Income Countries and Responsibilities of Community Health Nurses

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ABSTRACT

Community refers to the geographical area where every people share the same geographical region, same facilities and same health care facilities. Community health refers to the in total health of the whole community people. Community health nurse are the one who is the part of community health team and played a vital role in the public health care. Who is consider as human resources for health care system. Without human resources providing health care is not possible so sufficient amount of human resources is most important as well as material resources. Health resources includes several things like drug, equipment, diagnostic tool etc. But lower income countries are having the problem of low health budget which is directly affecting the health resources and health facilities. When facilities are less, resources are minimal community health care need will be not fulfilling. It will increase morbidity and mortality ratios in the country. So, Health resources is vital for every health care which should be in a sufficient amount to promote patient condition and prevention of several communicable diseases in the low income countries.

Key words: Community, Community health, Community health nurse, Prevention, Promotion.

INTRODUCTION

Low income countries are having more health problems because of lower number of health resources in the country. Despite of different studies knowledge of health problems & immediate intervention of required condition according to the priority is important. In low income countries poor & vulnerable populations are more in number as it is under development. Because of limited resources community or lay health workers (CLHWS) are facing problem to fulfill their health camping & aim of health care activities. Implementation of the role is most essential to support community health workers & it should be directly emerge in to work as accordingly community health care system, coined by each & particular organization. The community health program should be fully concentrated on health benefit.

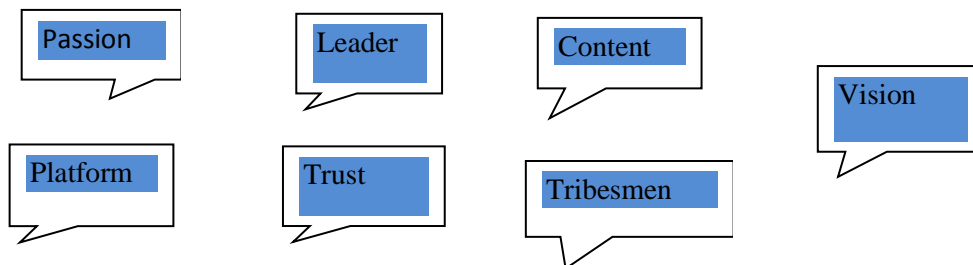
Community Health Nursing

Community health combined the in total health & wellbeing of the community people. Community describes the number of members share the same neighborhood & assuming same health characteristics, socio – economics environment & ethnicities.

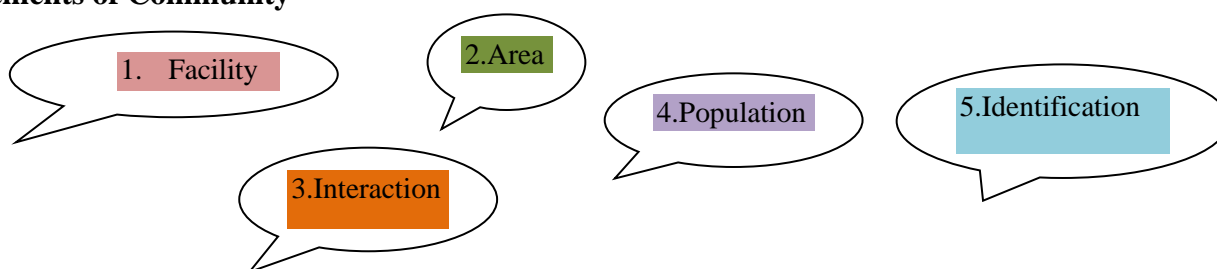
Few studies found that we can present that the low income countries have minimal source of nutritious food. So, in their body built high obesity may observe.

Components of Community

Components of community health includes 7 major areas which are leader, passion, content, trust, vision, platform, and tribesmen.



Elements of Community



Components of Community Health



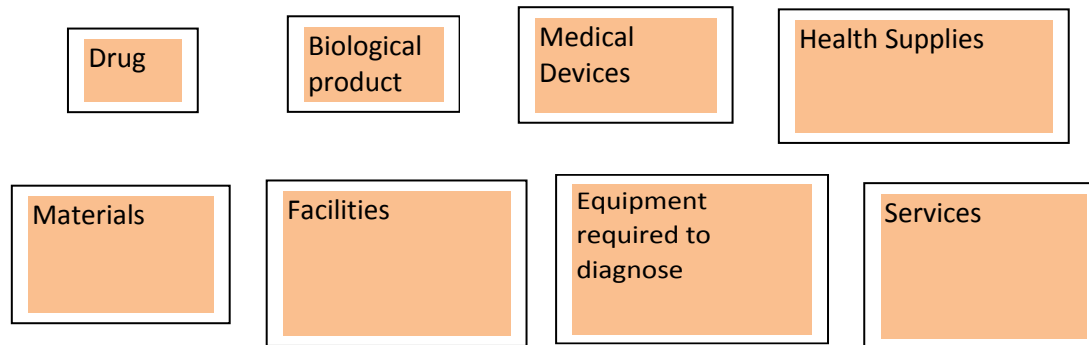
Community Health Nursing

Community health care refers to providing care in minimal resource settings by identifying the patients & individual's problem. Community health nursing is known as public health nursing which is based on the public health care with available health resources. Health care includes individual, groups and families from every community. The main aim of the community health care is to provide total health care of the whole country.

Community health nursing is a combination of health care process specially designed to promote health, prevention of illness. Practice of health care with systemic knowledge and implementing care to improve health care from the base level as home care.

HEALTH HUMAN RESOURCES

Human resources are considering as health human resources, materials and equipment which includes



To provide health care in every level health human resource played vital role in health care system. The aim of the resources is to meet the positive health benefit among all community members.

HEALTH INCOME & POVERTY

Health, income & poverty this their word is equally co- related with each other. Because higher income leads to better health. As we know that if person is having high income then person can effort good foot, good health care which will improve person's life style, health & health care. Income status is directly related to our health, poverty or low - economic status is the major reason for death & disease in the lower- income country.

LOWER INCOME COUNTRIES & HEALTH

There is a several low- income countries in the world like Bangladesh, Afghanistan etc. If we are observing their health statistics, mortality ratio directly we can conclude that low- income countries cannot effort sufficient amount of health resources for health care, which is directly- indirectly influence the citizen's health.

INFLUENCES OF HEALTH RESOURCES ON COMMUNITY HEALTH

All the health resources are most essential for every country to provide better health care in every level. First of all, when human resources will be available then providing every type of health care is possible. With the help of human resources utilization of

other resources will be easy to provide preventive & promotive care.

To prevention of diseases immunization & other materialistic resources should be available in sufficient amount. When equipment resources will be available then human resources can play important role to enable the care to every individual & family in the community. If any resources are not in sufficient amount that is directly affecting the health care system.

RESPONSIBILITY OF COMMUNITY HEALTH NURSES

Nurses are the most important part in community health care system. community health nurse is the back bone of the public health. The responsibility of the community nurses is health promotion to new health care research. Utilization of the material is one of the important roles of nurses. To control the diseases health awareness is most important & individual should aware their health rights according to the country's Constitution. Nurses are the one who can arrange the health awareness camp to provide all this details. They only can aware the people about the availability of the resources to improve the health as a whole in the community, country.

By providing care from the base level nurse can improve & promote the individual's health in community. Prevention of the disease can be done by doing immunization camp & various community health programme. In community health centre nurses are providing direct care to the patient so they should be up to date about every new disease condition, related care and new invention which will help to treat

the patient who are admitted in the community health centre. Other responsibilities of the nurse are to provide mental support to the patient which will help the client to recover from the loss & provide knowledge about rehabilitation. Other responsibilities of the community health care provider are aware the community individual and community about the importance of rehabilitation.

Evaluation is very essential step in every type of health care to know the effectiveness of the treatment. Nurses are the one who is giving ground level care to the patient so, they can evaluate the patient more closely. Research is the systemic search while is providing the various new knowledge & various new assessment method. So community health nurse can improve the care level in the community by searching new health problem & their solution. Only way to solve the health problem is various level of research.

So, we can say that community health nurse is the only one essential health team member in the community health centre who has to play several roles in the health sector. They are the one who can solve every health care problem in any level according to patient care requirement.

CONCLUSION

Resources is the essential raw material of health care. Community resources is uses in every care level. As nursing care is a continuous health care process, nurses are the one who can utilize the all community resources to provide health care from the root level. So, we can say that community health resources and nursing individual

most are equally important for health care in lower income country.

Declaration by Authors

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