

# Utility of Staphysagria in Treating a Stye - A Case Report

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## ABSTRACT

Stye is a painful swelling near the edge of the eyelid. It resembles like a pimple. It is an acute infectious condition. It is an inflamed oil gland either on the upper eyelid or lower eyelid. In this case report a 35years old female presented with complaint of Stye, treated with Staphysagria 30, in relation to the totality of symptoms for a duration of 1month. It is an evidenced based study that homoeopathy when prescribed based on symptom similarity gives good relief.

**Keywords:** Homoeopathy, Staphysagria, Stye, Swelling, Eyelid, Lt eye.

## INTRODUCTION

Stye is the most common complaint. It is acute inflammation of follicle over the eyelashes including the glands. This is also called as Hordeolum. This is an acute suppurative inflammation of the follicle of the eyelash including the glands of Zies. Recurrent styes are usually seen in Diabetics, Chronic blepharitis, initially it starts with Hard swelling redness, painful, burning sensation, gritty sensation in eyes It gives an Oedematous appearance. At times there is even dryness feeling in the eyes. This usually appears in people who strain due to refractive errors. In the early phase the glands become red, swollen, hard and painful and usually the whole edge of the lid is oedematous, even resulting in abscess formation, which generally points near the base of one of the cilia. This may gradually progress into cilia.

## CASE REPORT

35 years female presented with the complaint of stye inside the left eye with severe pain to OPD on 2<sup>nd</sup> march 2023. Professionally she is a lecturer. She had Swelling with severe pain in left eye. Burning sensation unable to sleep during nights. She is having discomfort in the eye. Stye looks like a small boil with pustule on it.

### History of presenting Illness

Presented with the complaints of stye inside the left eye with severe pain since 3-4days. Gradually symptoms are troubling and unable to read. History of recurrent styes in the past too. On reading for longer duration watering from eyes. Eyes exposed to laptop for longer duration in relation to study purpose. Strain of eyes due to her exams and lack of sleep. Itching in the eyes. Gritting sensation in the eyes. Stye looks like a small boil with pustule on it. Heat sensation in eyes. Margins with severe itching. Very sensitive thinking about others. Highly emotional. Desires to be alone. Can't tolerate heat. Feels comfortable by Hot application.

### Generals:

Appetite: Regular  
Bladder: Frequent urination  
Thirst: Normal  
Stool: Regular  
Sleep: Disturbed  
Sweat: Normal

**Mental Generals:**

Emotional

Sensitive

Desires to be alone

Evaluation Of Symptoms:

- Emotional
- Sensitive
- Desires to be alone

- Straining of eyes
- Itching in eyes
- Gritting sensation in eyes
- Heat sensation in eyes
- Discomfort with boil like appearance of styes



Fig 1 2<sup>nd</sup> March 2023



Fig 2 4<sup>th</sup> April 2023

Remedy Name	Staph	Merc	Nat-m	Apis	Aur
Totally / Symptom Covered	7 / 4	7 / 3	7 / 3	6 / 3	6 / 3
[Kent ] [Mind] Sensitive, oversensitive (see offended): (111)	2	2	3	1	2
[Kent ] [Eye] Styes: (37)	3	2	1	2	2
[Kent ] [Eye] Styes: Left eye: (6)	1				
[Kent ] [Eye] Inflammation: (134)	1	3	3	3	2

Fig 3 Repertorisation Chart

**Therapeutic Intervention:**

Case was obtained and repertorisation is done based on Kentian method of Repertorisation, Staphysagria 30 potency with 3doses was prescribed based on symptom similarity. Patient is asked to report after 1 week.

**Table 1: Data of symptoms, follow up, Prescription**

Date	Symptoms	Prescription/Dose	Justification
2 <sup>nd</sup> March 2023(1 <sup>st</sup> visit)	Swelling over the upper left eyelid, Boil like appearance	Staphysagria 30/1dose	-----
9 <sup>th</sup> March 2023(2 <sup>nd</sup> visit)	Swelling slightly decreased leaving redness	Staphysagria 30/1dose Placebo/1 dose	Improved slightly
16 <sup>th</sup> March 2023 (3 <sup>rd</sup> visit)	Swelling decreased, no boil like appearance is seen.	Staphysagria 30/1dose Placebo/1 dose	Improving
4 <sup>th</sup> April 2023(4 <sup>th</sup> visit)	Swelling completely resolved on the upper eyelid	Placebo/1 dose	Resolved completely
6 <sup>th</sup> May 2023(5 <sup>th</sup> visit)	, No recurrence noted	Placebo/1 dose	-----

## CONCLUSION

This is a case report of sty, based on the symptom similarity, individualization & Repertorisation Staphysagria 30 potency 3doses were prescribed. Pt had resolved completely with the complaint of sty. It is an evidenced based study that homoeopathy when prescribed based on symptom similarity gives good relief.

### *Declaration by Authors*

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