

# An Evidenced Based Case Report on Warts

**Dr. Tummala Aarathi Reddy**

Assistant Professor, Department of Obstetrics & Gynaecology, MNR Homoeopathic Medical College, Sangareddy, Telangana State

DOI: <https://doi.org/10.52403/ijrr.20230744>

## ABSTRACT

Warts are bumps that appear on the skin caused by Human papilloma virus. These are non-cancerous, Painless fleshy growth over the skin. A 20years old female had presented with warts on the upper lip and was treated with Causticum 30, based on symptom similarity with follow up of 1month. This particular case explains that based on symptom similarity homoeopathic treatment is the best line of treatment.

**Keyword:** Recurrence, Homoeopathy, Causticum, Warts

## INTRODUCTION

Warts are non-cancerous growths usually caused by Human papilloma virus. They are small, grainy, rough growths on the surface of skin. Usually, recurrence of warts is quite commonly observed. Warts may be transmitted by direct contact or indirect contact. Transformation of simple warts into malignant conditions is due to immune compromisation. There are various types of warts namely periungual, flat, filiform, plantar, Mosaic, Common, genital. This is an evidenced base case report where warts are completely cured after 1month and there is no further recurrence.

## CASE REPORT

A 20years female presented with the complaints of warts over the upper lips on 3<sup>rd</sup> March 2022. Lady was accompanied by Husband and his prime concern was regarding cosmetic problem. There are no other complaints.

## History of presenting complaint

Presented with Complaints of warts on the upper lip since 6months. She is House wife, Married. She is very much suspicious about her husband, thinks like he will leave her and go. Because of her compulsiveness she is worried that he might develop hatred towards her, Great anxiety regarding her health. Great fear for darkness. She is always in sad mood, weeping while telling the complaints. She likes to eat cold food, There is increased appetite, but sight of food makes her not to eat. She is having Menses in regular manner but scanty flow. Hard constipated stools, Severe weakness.

## Generals:

Appetite: Increased (But unable to eat)

Urine: Normal

Thirst: Normal,

Stool: Hard constipated stools.

Sleep: Disturbed

Mental generals:

Suspicious

Compulsive

Fear of Dark

Sad, Weeping

## Evaluation of symptoms:

- Suspicious
- Compulsive
- Fear of Dark
- Sad, Weeping
- Warts over upper lip on Rt side of face
- Desires cold food, but sight of food makes her not to eat
- Hard stools
- Severe weakness



Fig 1: 3<sup>rd</sup> March 2022



Fig 2: 20<sup>th</sup> March 2022

Repertorisation					
Symptoms: 7 Remedies: 361 Applied Filter					
Remedy Name	Caust	Nit-ac	Ars	Lach	Rhus-t
Totally / Symptom Covered	18 / 7	18 / 7	17 / 7	17 / 7	17 / 7
[Kent] [Mind]Suspicious: (75)	3	2	3	3	3
[Kent] [Mind]Anxiety:Night: (93)	2	2	3	2	2
[Kent] [Mind]Sadness,mental depression: (249)	3	3	3	3	3
[Kent] [Mind]Weeping,tearful mood,etc.: (166)	3	2	1	1	3

Fig 3: Repertorisation chart

### Therapeutic Intervention:

Case taking and proper evaluation was done. Based on reportorial approach with kentian method Causticum 200 was selected based on the grounds of Miasmatic

consideration. Causticum is a potassium hydrate medicine and a polycrest remedy which has more affinity over treating skin conditions. The patient was asked to turn up after 15days for follow up purpose.

Table 1: Data of symptoms, follow up, Prescription

Date	Symptoms	Prescription/Dose	Justification
3 <sup>rd</sup> march 2022 1 <sup>st</sup> visit	On upper lip (rt) wartsseen	Causticum 200/ 5dose	-----
20 <sup>h</sup> March 2022 2 <sup>nd</sup> visit	Size slightly decreased,feels better	Sac Lac/1 dose	Improving
8 <sup>th</sup> April 2022 3 <sup>rd</sup> visit	Wart resolved completely	Sac Lac/1 dose/1 month	Improved

### CONCLUSION

A case report on warts. With symptoms similarity repertorisation was done Causticum 200 was selected. Pt had resolved with warts and had no recurrence. Thus, proved homoeopathy not only treat the symptoms the cause from the root is removed.

### Declaration by Authors

**Acknowledgement:** None

**Source of Funding:** None

**Conflict of Interest:** The authors declare no conflict of interest.

### REFERENCES

1. H. C. Allen Keynotes Rearranged & Classified with leading remedies of Materia medica added with other leading nosodes & bowel nosodes 10<sup>th</sup> edition Indian books & Periodicals publishers.
2. William Boericke, New Manual Of Homoeopathic Materia Medica & Repertory, Augmented Edition. Indian books & periodicals publishers New Delhi, December 2015
3. Brian R Walker, Nicki R. Colledge, Stuart H. Ralston, Ian D. Penman. Davidson's Principles & Practice Of Medicine. 22<sup>nd</sup> Edition, Churchill Livingstone Elsevier, China, 2014.

4. Hahnemann S, Boericke W, Krauss J. Organon of Medicine. 6<sup>th</sup> ed. New Delhi: B. Jain Publishers (Pvt.) Ltd.; 2003.
5. Ramji Gupta, R. K Manchanda. Textbook of Dermatology for homoeopaths, Fourth edition B. Jain Publishers(P)ltd, usa,2011
6. J.T Kent Repertory of the Homoeopathic Materia Medica 6<sup>th</sup> American edition Indian books and Periodical publishers
7. Sterling JC, Handfield-Jones S, Hudson PM; British Association of Dermatologists. Guidelines for the management of cutaneous warts. Br J Dermatol 2001; 145: 22-25.
8. Ramji Gupta, R. K Manchanda. Textbook of Dermatology for homoeopaths, Fourth edition B. Jain Publishers(P)ltd, usa,2011

How to cite this article: Tummala Aarathi Reddy. An evidenced based case report on warts. *International Journal of Research and Review*. 2023; 10(7): 320-322.  
DOI: <https://doi.org/10.52403/ijrr.20230744>

\*\*\*\*\*