# Mysterious Charm of Ergot of Rye in Treating the Diabetic Foot Ulcer - A Case Report

# Dr. Tummala Aarathi Reddy

Assistant Professor, Department of Obstetrics & Gynaecology, MNR Homoeopathic Medical College, Sangareddy, Telangana State

DOI: https://doi.org/10.52403/ijrr.20230563

#### **ABSTRACT**

Diabetes mellitus is chronic disorder. Due to poor diabetes control leads to one of the complications like neurological impairment because of which there may be ulceration over the foot and legs called as Diabetic foot ulcer. Most of the cases may even lead to foot amputation. The case presented here is an old man with of ulcer over the Rt foot 2<sup>nd</sup> metatarsal was treated with Secale cor 200, according to symptom similarity with follow up of 2 months. This case report is an evidence that homoeopathic medicine if given according to symptom similarity will works mysteriously.

*Keywords:* Diabetic foot ulcer, Diabetes, Homoeopathy, Secale cor

#### INTRODUCTION

Diabetes is most common chronic disorder. when this chronic condition is not within the limits this leads to one of the complications such like diabetic foot ulcer. Even a small wound over the foot because of the uncontrolled diabetes this small wound leads to for towards a diabetic ulceration. Contributing causes towards diabetic foot ulcer peripheral neuropathy, peripheral arterial disease, Immunosupression. Patients with diabetic foot ulcer health condition is in stake towards amputation. This leads to severe morbidity and mortality. Due to impaired metabolic mechanism there is increased infection and recurrence of infection due to series of mechanisms include decreased cells and growth factor response with diminished peripheral blood flow and decreased local angiogenesis. Finally this leads to peripheral arterial diseases, ulceration, showing gangrenous changes and ultimately amputation. This leads the patient in an enormous financial burden in seeking the medical care in other systems, even though it is a preventable condition and recurrence can be avoided in the system of Homoeopathy.

#### **CASE REPORT**

 A 66years old male presented with the complaints of ulcer over the Rt foot 2<sup>nd</sup> metatarsal since 3months. Patient had consulted through online on 1st May 2021. Ulceration at Right foot 2<sup>nd</sup> metatarsal.

## **History of presenting complaint**

Presented with the complaints of ulcer over  $2^{nd}$ the Rt foot metatarsal since 3months.Ulceration at Right foot metatarsal. H/O Prick of something to the same finger 3months back. Small erruption, gradually progressed to foot ulceration. Mild discolouration at the site of wound. Gradually blackish discoloration, bloody discharge was oozing and has offensive odour. Numbness and tingling sensation. Both limbs are cold and pale after taking bath for long time with cold water. Consultation was seeked through online from their routine Physician who suggested for Amputation. But Patient was Anxious to get amputated and Fear of death because of his present health status.



## Generals

Appetite: Increased Thirst: Increased Sleep: Disturbed Bowels: Hard stools Urine: Normal

Thermals: Hot patient **Mental Generals:** 

Anxiety Fear of death

# **Evaluation of symptoms:**

- Anxious
- Fear of death
- Ulcer on the Rt 2<sup>nd</sup> digit
- Blackish discolouration
- Numbness sensation
- Tingling sensation on the toe
- <by warmth</li>
- >by Cold application
- Limbs become cold and pale after taking bath for long time in cold water

# Follow up

Date	Symptoms	Prescription
6.5.2021	Ulcer healed,slight discharge oozing,blackish discolouration	Placebo 4pills once daily



Figure 2

## Follow up

Date	Symptoms	Prescription
14.5.2021	Ulcercompletely healed,No discolouration,No numbness	Placebo 4pills once daily



Figure 3

# Follow up

Date	Symptoms	Prescription
15.6.2021	No complaints	Placebo 4pillsdaily once

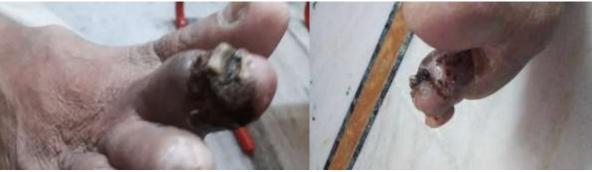


Figure 4

## Follow up

Date	Symptoms	Prescription
30.7.2021	No complaints	Placebo 4pills once daily



Figure 5

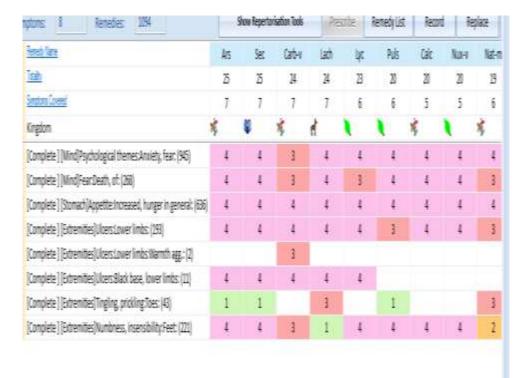


Figure 6 Reportorial Chart

## **Therapeutic Intervention:**

Case taking was obtained and repertorisation was done by using Kents method, Secalecor200 was selected. The patient was asked to report after 5days. Secale cor 200 was selected based on the symptom similarity, while we know Secale cor is a remedy which has a unique feature of. The patient was asked to report after 15days.

## **CONCLUSION**

This is a case of Diabetic Foot ulcer, Based on the symptom similarity, individualisation & Repertorisation, this case helps us to know the enhancement of homoeopathy in treating Diabetic foot ulcer and in avoiding the amputation with permanent disfigurement. Considering the pathology condition in this case study, as there was previous history of Amputation happened on It foot 3<sup>rd</sup> metatarsal on its own we come to know that there is a tendency for amputation. when in compared

allopathic method of treatment where the only option is for amputation. In this case study its observed that Homoeopathy had not only showed its effectiveness in treating the Diabetic foot ulcer and had also avoided with amputation. so, this proves Homoeopathy has an Mysterious charm in treating the disease.

**Declaration by Authors Acknowledgement:** None **Source of Funding:** None

**Conflict of Interest:** The authors declare no conflict of interest.

#### REFERENCES

- BM Chatterjee Handbook of ophthalmology,6<sup>th</sup> edition revised by L.P Agarwal.CBS Publishers & Distributors PVT.LTD,New Delhi,1997,260.
- 2. AK Khurana Comprehensive Opthalmoloy,7thedition, Jaypee brothers medical publishers, New Delhi,2019,383.
- Brem H, Tomic-Canic M. Cellular and molecular basis of wound healing in diabetes. J Clin Invest. 2007

- May;117(5):1219-22. doi: 10.1172/JCI32169. PMID: 17476353; PMCID: PMC1857239.
- 4. AK Khurana, Review of Ophthalmology, Seventh Edition, Jaypee brothers medical publishers, New Delhi, 2019, 131.
- 5. Kent JT ,Lectures on Homoeopathic Materia Medica, New Delhi:B.Jain Publishers (P)Ltd; 2013
- 6. Allen HC. Keynotes and characteristics with comparisons of some of the leading remedies of MateriaMedica with Bowel Nosodes.B.Jain Publishers:2002
- 7. Clarke JH.A Dictionary of Practical Materia Medica.New Delhi;B.Jain Publishers Pvt.Ltd.;2014
- 8. Parsons Diseases of the Eye, Ramanjit Sihota, Radhika Tandon, 22<sup>nd</sup>Edition, Reed Elsevier India Private Limited.2015,452.

How to cite this article: Tummala Aarathi Reddy. Mysterious charm of ergot of rye in treating the diabetic foot ulcer - a case report. *International Journal of Research and Review*. 2023; 10(5): 543-546.

DOI: https://doi.org/10.52403/ijrr.20230563

\*\*\*\*\*