

Mysterious Charm of Ergot of Rye in Treating the Diabetic Foot Ulcer - A Case Report

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ABSTRACT

Diabetes mellitus is chronic disorder. Due to poor diabetes control leads to one of the complications like neurological impairment because of which there may be ulceration over the foot and legs called as Diabetic foot ulcer. Most of the cases may even lead to foot amputation. The case presented here is an old man with of ulcer over the Rt foot 2nd metatarsal was treated with *Secale cor* 200, according to symptom similarity with follow up of 2 months. This case report is an evidence that homoeopathic medicine if given according to symptom similarity will works mysteriously.

Keywords: Diabetic foot ulcer, Diabetes, Homoeopathy, *Secale cor*

INTRODUCTION

Diabetes is most common chronic disorder, when this chronic condition is not within the limits this leads to one of the complications such like diabetic foot ulcer. Even a small wound over the foot because of the uncontrolled diabetes this small wound leads to for towards a diabetic ulceration. Contributing causes towards diabetic foot ulcer peripheral neuropathy, peripheral arterial disease, Immunosuppression. Patients with diabetic foot ulcer health condition is in stake towards amputation. This leads to severe morbidity and mortality. Due to impaired metabolic mechanism there is increased infection and recurrence of infection due to series of mechanisms include decreased cells and growth factor response with diminished peripheral blood

flow and decreased local angiogenesis. Finally this leads to peripheral arterial diseases, ulceration, showing gangrenous changes and ultimately amputation. This leads the patient in an enormous financial burden in seeking the medical care in other systems, even though it is a preventable condition and recurrence can be avoided in the system of Homoeopathy.

CASE REPORT

- A 66years old male presented with the complaints of ulcer over the Rt foot 2nd metatarsal since 3months. Patient had consulted through online on 1st May 2021. Ulceration at Right foot 2nd metatarsal.

History of presenting complaint

Presented with the complaints of ulcer over the Rt foot 2nd metatarsal since 3months. Ulceration at Right foot 2nd metatarsal. H/O Prick of something to the same finger 3months back. Small eruption, gradually progressed to foot ulceration. Mild discolouration at the site of wound. Gradually blackish discoloration, bloody discharge was oozing and has offensive odour. Numbness and tingling sensation. Both limbs are cold and pale after taking bath for long time with cold water. Consultation was sought through online from their routine Physician who suggested for Amputation. But Patient was Anxious to get amputated and Fear of death because of his present health status.

Figure 1 (1st visit) 1.5.2021



Generals

Appetite: Increased

Thirst: Increased

Sleep: Disturbed

Bowels: Hard stools

Urine: Normal

Thermals: Hot patient

Mental Generals:

Anxiety

Fear of death

Evaluation of symptoms:

- Anxious
- Fear of death
- Ulcer on the Rt 2nd digit
- Blackish discolouration
- Numbness sensation
- Tingling sensation on the toe
- <by warmth
- >by Cold application
- Limbs become cold and pale after taking bath for long time in cold water

Follow up

Date	Symptoms	Prescription
6.5.2021	Ulcer healed,slight discharge oozing,blackish discolouration	Placebo 4pills once daily



Figure 2

Follow up

Date	Symptoms	Prescription
14.5.2021	Ulcercompletely healed,No discolouration,No numbness	Placebo 4pills once daily



Figure 3

Follow up

Date	Symptoms	Prescription
15.6.2021	No complaints	Placebo 4pillsdaily once



Figure 4

Follow up

Date	Symptoms	Prescription
30.7.2021	No complaints	Placebo 4pills once daily



Figure 5

Symptoms	Arts	Sec	Carb-v	Lach	Lyc	Puls	Calc	Nux-v	Nat-m
Trait	25	25	24	24	23	20	20	20	19
Symptom Covered	7	7	7	7	6	6	5	5	6
Kingdom									
[Complete] (Mind)Psychological themes:Anxiety, fear: (945)	4	4	3	4	4	4	4	4	4
[Complete] (Mind)Fear:Death, of: (268)	4	4	3	4	3	4	4	4	3
[Complete] (Stomach)Appetite:Increased, hunger in general: (636)	4	4	4	4	4	4	4	4	4
[Complete] (Extremities)Ulcers:Lower limbs: (293)	4	4	4	4	4	3	4	4	3
[Complete] (Extremities)Ulcers:Lower limbs:Warmth agg.: (2)			3						
[Complete] (Extremities)Ulcers:Black base, lower limbs: (21)	4	4	4	4	4				
[Complete] (Extremities)Tingling, pricking:Toes: (45)	1	1		3		1			3
[Complete] (Extremities)Numbness, insensibility:Feet: (221)	4	4	3	1	4	4	4	4	2

Figure 6 Repertorial Chart

Therapeutic Intervention:

Case taking was obtained and repertorisation was done by using Kents method, Secalecor200 was selected. The patient was asked to report after 5days. Secale cor 200 was selected based on the symptom similarity, while we know Secale cor is a remedy which has a unique feature of. The patient was asked to report after 15days.

CONCLUSION

This is a case of Diabetic Foot ulcer, Based on the symptom similarity, individualisation & Repertorisation, this case helps us to know the enhancement of homoeopathy in treating Diabetic foot ulcer and in avoiding the amputation with permanent disfigurement. Considering the pathology condition in this case study, as there was previous history of Amputation happened on lt foot 3rd metatarsal on its own we come to know that there is a tendency for amputation. when in compared with

allopathic method of treatment where the only option is for amputation. In this case study its observed that Homoeopathy had not only showed its effectiveness in treating the Diabetic foot ulcer and had also avoided with amputation. so, this proves Homoeopathy has an Mysterious charm in treating the disease.

Declaration by Authors

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